**[GMT](https://scout.tveyes.com/)**

12/21/2016 07:19:12 AM

* [BBC World](https://scout.tveyes.com/) /

* [U.K. National](https://scout.tveyes.com/)

lots of processed meats like hand sausages and cold sandwich mates might make as symptoms worse that's according to new research the study in France says preservatives in meat could irritate the Airways people have more than 4 portions a week doctor Matt Walker as from asthma UK and she said is not in time Redford

think is quite complicated because obviously what you're eating things series based to quite difficult to disentangle and but I think this study in just under 1000 people in France seems to indicate that some relationship between these processed meats and and development of asthma symptoms later that it's quite difficult to say that on an individual basis that those me to would cause cause of worsening as the centre for example and it's only one study said that the beginning of the work rather than a kind of big conclusion